

CERTIFICATE OF PARTICIPATION

This is to certify that

Phthessa Jansen van Vuuren

Has successfully participated & completed the

10km Ezemvelo Trail Run Challenge 2019

held at Ezemvelo Nature Reserve.

TIME 01:49:47

PACE 10:57/km **OVERALL** 86 of 104

GENDER 42 of 57 50 - 59 6 of 12



outLime

Signature

Date